

3X4 DNA SAMPLE KIT

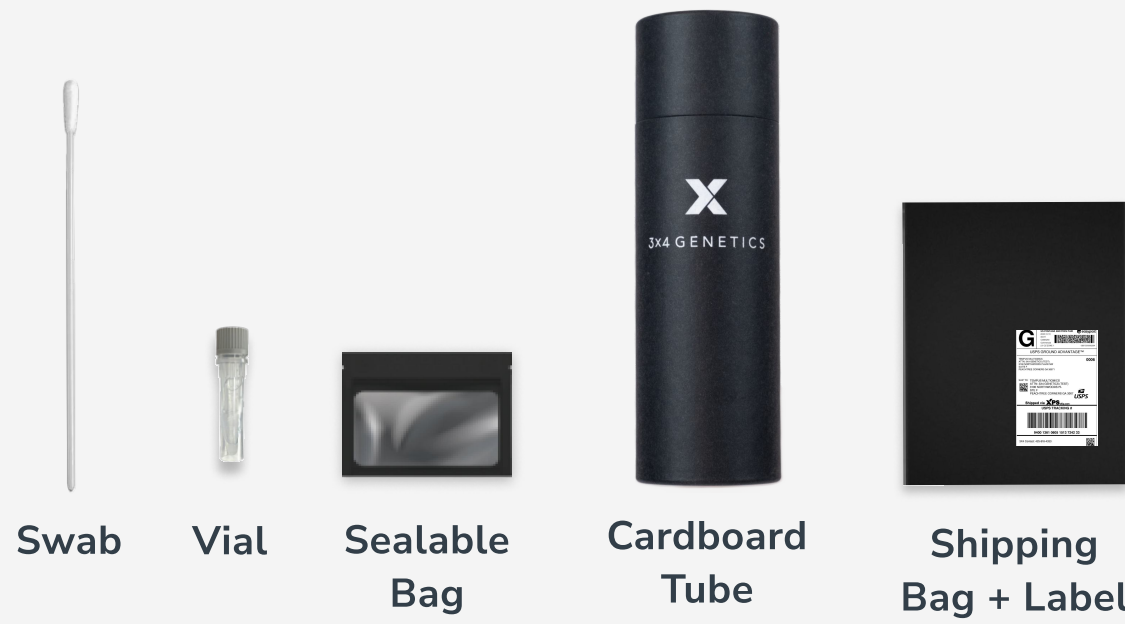
Instructions For Use

Welcome to your DNA sample kit. This kit includes all the items needed for you to complete a simple and painless cheek swab.

Please contact labs@fullscript.com if an item is missing or damaged, if the swab packet is unsealed, and/or the vial does not contain liquid.

You can track your sample and get your results via your Fullscript account.

Kit Contents

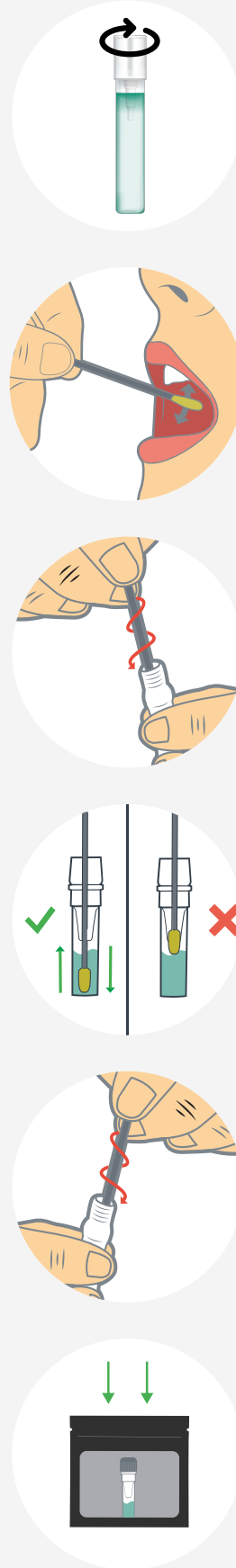


Caution: Read all steps before collecting your sample

PREPARATION FOR USE

- Note: It is recommended not to eat, drink, or smoke for 60 mins before collecting your sample.
- Do not touch Swab tips or allow contact with any other object.
- Tap the Vial gently 2-3 times before collection to concentrate all liquid to the bottom.
- If possible, collect your sample in the morning before eating / brushing teeth, etc.

- 1** Place Vial standing up on a flat surface. Peel open bag containing Swab and remove the swab. Unscrew vial cap before collecting sample.
- 2** Rub swab tip firmly against the inside of your cheek 15-20 times, using light pressure similar to brushing your teeth
 - a. Rotate swab tip as you are rubbing
 - b. Cover entire cheek from the top to bottom and side to side
- 3** Pick up vial and hold steady in one hand. Slowly twist swab into vial with a corkscrew motion. There will be resistance, but push swab to the bottom of the device.
- 4** Hold vial steady and move swab up and down rapidly inside the vial 10-15 times without moving the swab out of the liquid.
- 5** At this point remove and discard the swab: Hold vial firmly and remove swab by slowly twisting out with a corkscrew motion. Dispose of the used swab according to local regulations.
- 6** Replace cap tightly and place vial in the Sealable bag and seal completely. Do not remove the absorbent pad from the bag.



STORAGE AND STABILITY

Pre-collection: 3 years from date of manufacture between 59-86 °F (15-30 °C)

Transport temperature, post-collection: 59-86 °F (15-30 °C)

Sample stability and storage, post-collection: 60 days real time; if longer storage time is required, collected samples can be stored at -4 to -112 °F (-20 to -80° C).

WARNINGS & PRECAUTIONS

For external use and single use only. DO NOT drink, touch, or remove the buffer from the vial. Do Not use if Vial or Swab, is broken, leaking or visibly damaged. These products should only be used in accordance with the instructions provided. Avoid eye contact with the liquid in the vial. IF IN EYE: Rinse cautiously with water for several minutes. IF INGESTED: Call POISON CENTER. Rinse mouth. Not a Hazardous Combustion Product. Device cap can be a choking hazard. Do not ingest.

IMPORTANT

Do not use this kit if the Swab or Vial has passed its expiry date. Additional information available at: 3X4genetics.com/sds By using this kit, you agree to 3X4's Terms of Service, available at 3X4genetics.com/terms-of-service

Effective Date: 2024-12-04

Return Shipping Instructions

- Insert your sealed sample inside the cardboard kit tube.
- Place cardboard tube in the unused shipping bag and seal.
- Keep a record of the return tracking number on the unused shipping bag, to track your shipment to the lab.
- Drop off your shipment at any USPS location. Find your nearest location at: 3X4genetics.com/return

Your Unique Kit Code

Your unique kit code is pre-assigned to you. Do not switch your kit with anyone else.

The unique kit code on the vial label identifies your sample and genetic results during storage, transit, and lab processing, ensuring your personal identity remains protected.

